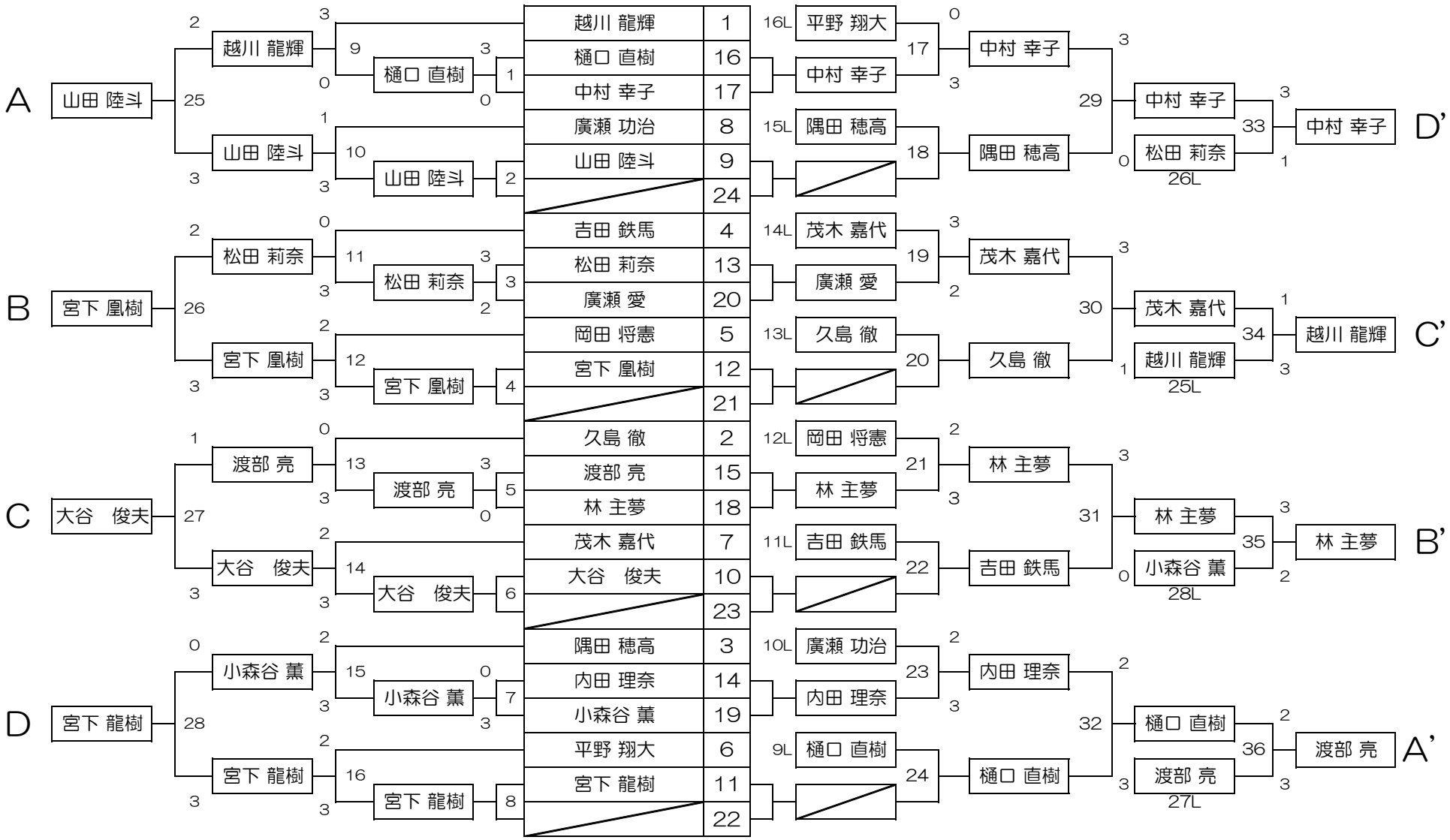ビギナーズトーナメント